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## **FLOR ESCAPES ANNOUNCES “JAMAICAN BLISS”**

### ***Long Weekend Wellness Retreat Offers Unique Program at Half Moon's Fern Tree Spa***

**Washington, DC, June 09, 2009** – **Flor Escapes** today announced Jamaican Bliss, its next wellness retreat to Montego Bay, Jamaica. The four-day trip takes place over Columbus Day weekend at Half Moon, a world renowned resort with one of the Caribbean's largest and most well-appointed spas, the Fern Tree Spa.

The retreat is specifically created to offer a short yet comprehensive retreat where participants enjoy a unique program based at the Fern Tree Spa's 68,000 square foot facility to include a personal consultation with the “Spa Elder”, a personalized massage, two 50-minute yoga classes daily and access to the spa's wet areas (steam rooms, lagoon pools, etc.), meditation labyrinth and yoga pavilion. Also included is a workshop on how to make Jamaican herbal infused bath soaks or “Jamaican Bush Baths” that have been used for centuries to heal various ailments. The Fern Tree Spa fuses modern spa techniques with ancient Jamaican remedies of organic native herbs, fruits and botanicals and offers an extensive range of holistic treatments.

The trip is all-inclusive and, in addition to spa-based inclusions, participants also receive all meals and beverages and use of the fitness center, bicycles, lilos, paddle boats and kayaks. A roundtrip airport transfer from Sangster International Airport is also included. The price per person is \$989 double occupancy and \$1,167 single occupancy. Tax, service and airfare are not included. These rates are exclusive to **Flor Escapes** and competitively priced lower than any similar published package at Half Moon. Participants who book travel prior to July 15, 2009 receive a complimentary 30-minute Ocean Sea Salt Scrub that has a value of \$90. For complete details visit [www.florescapes.com](http://www.florescapes.com).

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### **About Flor Escapes**

**Flor Escapes** fuses travel with wellness to develop exclusive holistic wellness retreats. Trips include uplifting activities such as enlightening workshops, natural spa treatments, yoga and/or Qi Gong sessions, cultural activities and more. All destinations, hotels, guides, spa treatments and healers have been specially selected to ensure that each trip be a true escape and journey to relaxation, self discovery and fun! Properties represented by **Flor Escapes** are handpicked spa-based hotels that create enchanting and revitalizing experiences while taking a proactive stance in protecting the environment and supporting their local communities.